



Jan 19, 2025

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

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Pastor: Fr. James J Dhiraviam, SAC

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frjames@sacredheartnews.ca

Official Jubilee Hymn *Pilgrims of Hope*

2nd
Sunday in
Ordinary Time



Sacred Heart introduced the official Jubilee Hymn, Pilgrims of Hope to the parish at the beginning of January. The refrain of the hymn exclaims: *"Like a flame my hope is burning, may my song arise to you: Source of life that has no ending, on life's path I trust in you."* Here is a reflection to help us enter into the lyrics of the hymn as we journey through the Jubilee Year.

Oftentimes, while walking along, a song that really seems to express how we are feeling will come to mind. This is also true for the Life of faith, a pilgrimage toward the light of the Risen Lord. The Sacred Scriptures are steeped in song, and the Psalms are a striking example: the prayers of the people of Israel were written to be sung, and it was in song that the most human events were presented before the Lord. The tradition of the Church has continued this, making music and song one of the lungs of its liturgy. The Jubilee is expressed as an event of people on pilgrimage to the Holy Door, and it also uses the song as one of the ways of expressing its motto, "Pilgrims of Hope."

Many themes of the Holy Year are woven into the text written by Pierangelo Sequeri and set to music by Francesco Meneghello. First, the motto, "Pilgrims of Hope," is best echoed biblically in some pages from the prophet Isaiah (Isaiah 9 and Isaiah 60). The themes of creation, fraternity, God's tenderness, and hope in our destination resonate in a language which, although not "technically" theological, is in substance and in the allusions so that it rings eloquently in the ears of our time.

With each step of their daily pilgrimage, believers trustingly rely on the source of Life. The song that arises spontaneously during the journey (cf. Augustine, Discourses, 256) is directed to God. It is a song charged with the hope of being freed and supported. It is a song imbued with the hope that it will reach the ears of the One from whom all things flow. It is God who, as an ever-living flame, keeps hope burning and energizes the steps of the people as they journey.

The prophet Isaiah repeatedly sees the family of men and women, sons and daughters, returning from their scattered ways, gathered in the light of God's Word: "The people who walked in darkness have seen a great light" (Is 9:2). The light is that of the Son who became Man, Jesus, who by His own Word gathers every people and nation. The living flame of Jesus stirs the step: "Arise, shine; for your light has come, and the glory of the Lord has risen upon you" (Is 60:1).

Christian hope is dynamic and enlightens the pilgrimage of Life, revealing the faces of brothers, sisters, and companions on the journey. It is not a roaming of lone wolves but a journey of confident and joyful people moving toward a New destination. The breath of the Spirit of Life does not fail to brighten the dawn of the future that is about to arise. The heavenly Father patiently and tenderly watches over the pilgrimage of his children and opens the way broad for them, pointing to Jesus, his Son, who becomes a pathway for everyone.

Do whatever
he tells you.

- John 2:5

<https://www.iubilaeum2025.va/en.html>





Sanctity of Human Life Sunday January 19, 2025

Today, the third Sunday in January, Churches and life organizations across Canada and the United States bring awareness to the attacks that are daily waged against human life through the abortion industry.

One of the best ways we can protect unborn lives and the lives of the vulnerable is by bringing into the light the darkness of abortion and euthanasia, and supporting local Pro-Life Organizations.

Free Pro Life Educational Resources: Signal Hill's mission is for every young person to know their intrinsic worth. They are accomplishing this through **free** educational resources for parents and educators to download and use with their students. Visit thesignalhill.com for your free educational resources.

Euthanasia & Loneliness: As the assisted killing movement grows in Canada and the US, the following article hits a sensitive spot. It's subject is the elderly, but we could substitute persons with disabilities for them with the same sad result. Loneliness is epidemic and with it mental health issues. Where killing is allowed by law, that creates an added vulnerability to this population of people whose lives could be improved immeasurably with companionship. <https://bccatholic.ca/voices/terry-o-neill/companionship-is-the-answer-to-loneliness-and-euthanasia>



High School Vocation Live-In at Seminary of Christ the King

There will be a 2-day Vocation Live-In on the weekend of February 8-9 at the Seminary of Christ the King in Mission, BC, open to students in grades 6 to 11 who are interested in the priesthood or the life of a religious brother and want to experience what seminary life is like. To register send an email to: rector.minors@sck.ca



Catholic Women's League

For those ladies who would still like to join the CWL please put \$48.00 (cheque or cash) in an envelope with your name, address, phone number and date of birth and place it in the Collection basket.



Pancake Breakfast Sunday, January 19, 2025

Please join us for a pancake breakfast after both morning Masses January 19th. The breakfast, hosted by the Knights of Columbus takes place in the Veritas Gym. Proceeds go to help our newly arrived parishioners as they settle into the community. Thank you for your support!

PARISH ACTIVITIES

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

Contacts

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

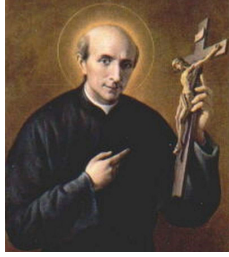
Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Travelling Statue of Mary



The travelling statue of Our Lady of Fatima is available for home visits. Families are invited to sign up and welcome the statue into their homes for a period of seven days. During your appointed week, families are invited to pray the rosary daily and come to grow in their devotion of Our Lady and her Son, Jesus. Please find the sign up sheet in the church foyer. For any questions or more information please call Gorette.



Feast of St. Vincent Pallotti—January 22

Wednesday, January 22nd, we will celebrate the feast day of St. Vincent Pallotti, founder of the Society of the Catholic Apostolate also known as the Pallottine order. The motto of St. Vincent Pallotti “The love of Christ impels us”, still inspires the Society of the Catholic Apostolate today. Please join us for Holy Mass on Wednesday, January 22nd at 9:00am.



Veritas Special Collection Jan 12, 2025—Thank you!

Last weekend, there was a special collection for Veritas School. The funds raised during the special collection are used for Veritas School families who request tuition assistance. In total we collected 5,374.00 dollars towards Veritas. Thank you!



Veritas School

Kindergarten Registration is Open for September 2025!

Veritas students and families enjoy...

- A strong sense of community based on Christian values of love and care for ourselves and each other
- Passionate and dedicated teachers and support staff
- High behaviour and academic expectations
- Specialists, including a full-time PE teacher, music teacher, and school counsellor
- Reasonable tuition rates

Contact us today for a tour, conversation or application form! veritas@cispg.ca or 250-635-3035
www.veritascatholicsschool.ca

Grocery Card Sales Jan 25&26



Veritas school will be selling grocery cards on the weekend of January 25 & 26 in St. Mark's Room. Payments may be made by cash, cheque, or credit card. Thank you!



ABBA Prayer Group

The Abba Prayer Group will meet on Mondays, from 7:00pm to 8:15pm glorifying God for who He is and giving thanks for his blessings.

Diocesan Annual Appeal

Thank you to all of who have supported the appeal financially and with your prayers. There are many needs across the diocese -- especially in our smaller parishes and missions -- and we need everyone's support to help meet those needs.

Sacred Heart Terrace

Parish Goal: \$ 42, 790

Donations to parish to date:

\$32, 435.00—76% of our Goal!



TRUE NORTH VACATION BIBLE SCHOOL needs your help!



This summer, at True North VBS, we'll show kids that Jesus is a trustworthy friend who is always there for us—He's our True North! To help us create a fun outdoor atmosphere, we're on the lookout for artificial Christmas trees. If you have any trees to donate, we would really appreciate it! Just drop them off at the church office. Thank you!



MASS TIMES January 20—January 26

Monday 9:00am † Mary & Charlie House

Tuesday 7:00pm † Eduarda Soares

Wednesday 9:00am † Elly & Joe Onstein

Thursday 9:00am † Ernestina Teixeira

Friday 9:00am † Conceicao Moniz

Saturday 9:00am † Camille & Therese
Bruneau

Weekend Mass Times

Saturday 7:00pm † Joao Araujo

Sunday 9:00am † Fern Amyotte

Sunday 11:00am Intentions of the parish

Confession

Tuesday & Saturday at 6:30pm
or by appointment.

Daily Readings

Monday, Jan 20 Hebrews 5:1-10 Psalm 110 Mark 2:18-22	Thursday, Jan 23 Hebrews 7:25-8:6 Psalm 40 Mark 3:7-12
Tuesday, Jan 21 Hebrews 6:10-20 Psalm 111 Mark 2:23-28	Friday, Jan 24 Hebrews 8:6-13 Psalm 85 Mark 3:13-19
Wednesday, Jan 22 Hebrews 7:1-3,15-17 Psalm 110 Mark 3:1-6	Saturday, Jan 25 <i>Conversion of St. Paul the Apostle</i> Acts 22:3-16 Psalm 117 Mark 16:15-18

Sunday, Jan 26

3rd Sunday in Ordinary Time

Nehemiah 8:2-4a 5-6, 8-10, Psalm 19, 1 Cor. 12:12-30
Luke 1:1-4; 4:14-21

Prayer List



Grethe Brorup
Maria DeMelo
Laura B. duBois
Carol Hamel

Charlene Henry
Joao Mendes
Suzanne Ramsay
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!



Receive the weekly Sunday Bulletin in your Inbox!

Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Mon., Wed., Thurs., Fri., Sat., Sun. at 8:30am
Tues. 6:30pm

Quote of the Week

You are fellow-travellers, God-bearers and temple-bearers, Christ bearers.

St. Ignatius of Antioch

E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: \$ 4,035.45

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

